# ANNUAL REPORT

2018-2019 Fiscal Year

Inspiring hope growth, recovery and wellness in our communities.

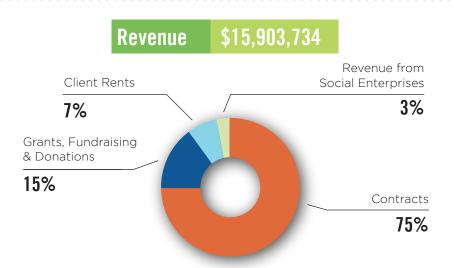


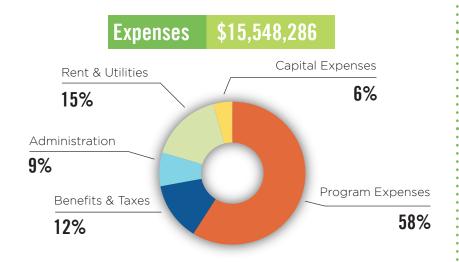
**Transitions-Mental Health Association (TMHA)** is a nonprofit organization dedicated to eliminating stigma and promoting recovery and wellness for people living with a mental illness. We operate 46 programs at locations throughout San Luis Obispo and North Santa Barbara counties. For 40 years, TMHA has been dedicated to providing work, housing, community, and family services to teens and adults with mental illness while offering support, resources, and education for their loved ones.

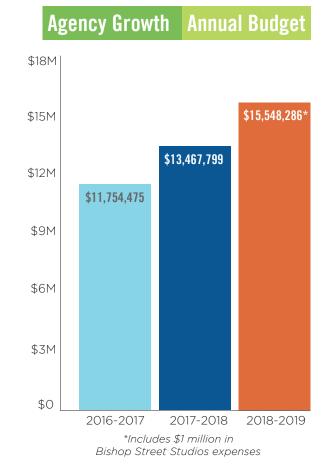
118 56 82 18 1,771

FULL-TIME PART-TIME TRANSITIONAL RELIEF TMHA
STAFF STAFF STAFF\* STAFF VOLUNTEERS

\*Client Staff working for our agency via TMHA Employment Programs







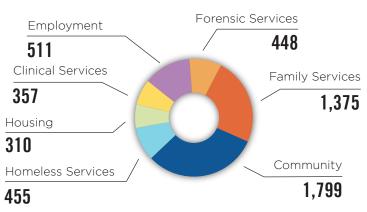




## TMHA Served 4,598 Unique Clients from 2018-2019

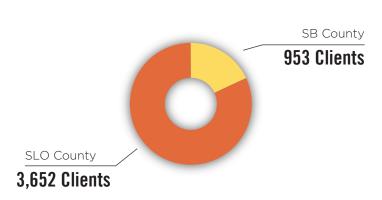
Represents a 14% increase over the previous fiscal year.

### Number of Clients by Program Categories



\*Numbers are duplicated. Some clients are served by more than one program.

#### Number of Our Clients Served by County



\*7 clients receive services in both counties.

#### Clients Working in TMHA Social Enterprises

20

GROWING GROUNDS

GROWING GROUNDS DOWNTOWN

NURSERY SLO

66

**52** 

373

GROWING GROUNDS FARM SANTA MARIA SUPPORTED EMPLOYMENT

140

COMMUNITY JOB PLACEMENTS



10,821 CALLS

#### **Outreach & Education**

**10,769** people received outreach and education in SLO County.

**2,382** of these individuals were teachers and students who received mental health training or education through our High School Program.

#### **Locations of Our Programs**

#### San Luis Obispo San Miguel **Paso Robles** 1 Unit Housing North County Office TMHA Headquarters 1 Unit Housing Community Housing Office Wellness Center Homeless Outreach Office 48 Units Housing 70Now Office Growing Grounds Nursery Growing Grounds Downtown Morro Bay Wellness Center 132 Units Housing 5 Units Housing Los Osos San Luis 4 Units Housing Obispo Countv Pismo Beach 4 Units Housing **Arroyo Grande** Wellness Center 8 Units Housing Santa Oceano **Barbara** 3 Units Housing County

Lompoc

Recovery Learning Community

Lompoc ACT Office

9 Units Housing

#### **HOW YOU CAN HELP...**

Santa Maria

12 Units Housing

Volunteers are always welcome in our programs and fundraising events. To find out more information on how you can help, call 805-540-6557 or apply online at www.t-mha.org.

Recovery Learning Community
Supported Community Services Office

Growing Grounds Farm

